

USING YOUR PARAPEUTIC PARAFFIN WAX. GOOD RULES TO FOLLOW...



Parapeutic Paraffin Wax is designed to be used with all paraffin heating baths/warmers for heat-transfer purposes. Parapeutic is not formulated for candle making, canning, and other hobby uses.

1. **Unwrap and place the Parapeutic Paraffin Wax** pieces into your paraffin warmer. Depending on your unit, this will probably mean 2-3 1lb pieces.
2. **Allow all the wax pieces to melt** thoroughly into a liquid, reaching a temperature of about 49°C (125°F) - but not too hot for your enjoyment. If the wax is uncomfortably hot, lower your warmer's heating level.
3. **Immerse your hand/elbow/foot into the melted Parapeutic Wax**, and remove it slowly. Allow about 5-10 seconds for the wax to solidify, then immerse again. Repeat this immersion process about 5-10 times. The wax will accumulate, forming warm, soothing layers on your skin. (Note: don't soak in the wax - the immersion process should be quick.)
4. **Peel the wax off slowly** from your hand/elbow/foot. It will peel off like a tight glove, so you can dispose of it easily. You're done!
5. **For a more lengthy Parapeutic Wax treatment**, cover your waxed hand with a plastic liner. Once lined, insert/wrap your hand in a towel or warming mitt for 10-20 minutes. The liner is protecting your wax from sticking to your towel/warming mitt. Then peel off the wax slowly, as in (4) above.

NOTES FOR SAFE USE

1. Parapeutic Paraffin Wax is formulated for use in wax warmers and wax baths. Do not heat/melt the wax over an open flame or in a microwave.
2. Do not overheat - like most wax, Parapeutic is flammable.
3. Remove each 1lb piece from its bag before melting. Never melt the wax while still inside the bag.
4. Always follow the operating instructions of your wax warmer. Parapeutic Paraffin Wax is usable in all warmers.
5. For external use only. Parapeutic contains small amounts of oil to moisturize & smooth skin.
6. Never wax/bathe body parts with open cuts or rashes.

